



**COACHFORCE**



# Volleyball Bay of Plenty Coaches Course - Passing

This course will focus on **passing technique**, both identifying faults and practical measures to help correct these faults.

**When:** June 24<sup>th</sup> 5.30 – 8.30pm

**Where:** Otumoetai Action Centre

**How much:** Free to Bay of Plenty residents, \$20 for coaches from outside the region.

**Who is it for:** Even though this course will be working with a 16-21 year old team it will focus on the basics of passing and therefore is appropriate for any coach from Intermediate School to Club.

## Course Description:

This course will be run by Tim Cleaver. The course will be held in conjunction with the Tauranga Women's B team training and focus on their players passing.

5.30-6.00pm: Introduction.

6.00-6.30pm: Observation of passing, looking for individual strengths and weaknesses.

6.30-7.15pm: Developing practical solutions, creating key coaching points to focus the athletes on improving their passing and developing drills to implement these.

7.15-8.00pm: Working with the athletes to improve their passing.

8.00-8.30pm: Debrief of what we have achieved and learnt.

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Please register with Tim Cleaver by Monday the 22<sup>nd</sup> of June via email:

[volleyball@sportbop.co.nz](mailto:volleyball@sportbop.co.nz)

If you are coming from outside the BOP payment must be made at the start of the course.



[WWW.VOLLEYBALLBOP.CO.NZ](http://WWW.VOLLEYBALLBOP.CO.NZ)

